



Hangzhou Institute of Personality Studies and Development

Transference Focused Psychotherapy (TFP) Foundational Training: Narcissistic Personality Disorder (NPD)

Held on:	July 5-7, 2019
Location:	Hangzhou Huabei Hotel, Hangzhou, Zhejiang
Tuition fee:	¥3800
Provided by:	Hangzhou Institute of Personality Studies and Development
Jointly organized with:	Personality Disorder Institute International Society of Transference Focused Psychotherapy
Course Director:	Theophilus Kok, MD
Faculty:	Frank Yeomans, MD, PhD
Registration:	See below

Course Description

Transference-Focused Psychotherapy (TFP) is a state-of-the-art, evidence-based treatment for patients with personality disorders (PD). TFP offers psychotherapists an overarching approach to patients with severe PD symptoms including, but not limited to, patients with borderline personality disorder and narcissistic personality disorder. The goals of our training program include: 1) Introduction to TFP as an individual psychotherapy for patients with personality disorder symptoms, and 2) Introduction to TFP principles of use to clinicians in a variety of treatment settings who may not be offering an extended individual psychotherapy, but nevertheless want assistance in the challenges of treating patients with moderate to severe personality disorder symptoms. TFP Year 1, from June 2018 to May 2019, focused on setting a foundation of TFP knowledge and its use for treating borderline personality disorder. This 3-day workshop, as a part of TFP Year 2, will focus on narcissistic personality disorder.

Target Audience

Physicians, psychologists, psychiatric nurses, social workers, and other licensed mental health counselors.

Educational Objectives

At the conclusion of this workshop, participants will be able to understand:

1. the strategies, tactics and techniques of effective psychodynamic psychotherapy for narcissistic personality disorders
2. how to identify object relations as they are enacted in the therapy
3. the awareness and use of countertransference with narcissistic patients

Agenda

	Day 1	Day 2	Day 3
8:30-10:00	Review of Object Relations Theory	Narcissistic Personality Disorder (NPD) - Phenomenology	NPD – “Fine-tuning” TFP to treat NPD
10:00-10:15	Break		
10:15-11:45	Review of the Principles and Techniques of TFP	NPD – Structural Considerations	Antisocial Patients
11:45-13:45	Lunch		
13:45-15:15	The Evolution of Therapy and Termination	NPD – Treatment Considerations	General discussion, or discussion of a case from the group
15:15-15:30	Break		
15:30-17:00	View and Discuss Affect Storm Session on Video	Discussion of a case from the group	Discussion of a case from the group

Faculty Information

Frank Yeomans, MD, PhD Clinical Associate Professor of Psychiatry, Weill Medical College of Cornell University; Lecturer, Columbia University Center for Psychoanalytic Training and Research; Director, Personality Studies Institute

Theophilus Kok, MD Director, Hangzhou Institute of Personality Studies and Development

Contact Information

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Continuing Education For

This workshop is a part of the 2-year Transference Focused Psychotherapy International Standard (China) Continuous Training Program that has been approved by the Clinical Psychology Accreditation Council of Chinese Psychological Society as a continuous training program for psychologists, social workers, and other licensed mental health counselors. Hangzhou Institute of Personality Studies and Development maintains responsibility for this program and its content. Participants meeting requirements could claim credit commensurate with the extent of their participation in the program.

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