McLean *Borderline Personality Disorder*
Training Institute
HARVARD MEDICAL SCHOOL AFFILIATE

Narcissistic Personality Disorder (NPD) Conference

Friday, March 23- Saturday, March 24, 2018
Waltham Woods Conference Center, Waltham, MA

Join us for our first conference dedicated to narcissistic personality disorder (NPD), one of today's most misunderstood psychiatric illnesses. This conference will provide a comprehensive overview of NPD, a prevalent diagnosis which complicates the care of its comorbidities. NPD is a highly stigmatized and poorly understood condition. Those with NPD suffer from significant problems with self-esteem which are expressed in oscillations between grandiosity and vulnerability and tendencies towards attention seeking, self-focused, and interpersonally insensitive behaviors. In typical treatments, underlying core problems of identity insecurity and emotion regulation (especially shame) tend to be bypassed. Appropriate treatment modalities are still a work in progress. Experts in the field will present on NPD theory, etiology, and treatment. The conference will include presentations, clinical case discussions, and question and answer sessions. Over the course of two days, speakers will approach NPD from a variety of theoretical perspectives and multiple veins of empirical research.

Tuition fee:	$475.00
Provided by:	Borderline Personality Disorder Training Institute, McLean Hospital
CME Credits:	12.0
Course Director:	Lois W. Choi-Kain, MD, MEd
Faculty:	Salman Akhtar, MD, Eve Caligor, MD, Diana Diamond, PhD, Richard Hersh, MD, Glen Gabbard, MD, Royce Lee, MD, Eric Plakun, MD, DLFAPA, FACPsych, Elsa Ronningstam, PhD, Barry Stern, PhD, Brandon Unruh, MD, Igor Weinberg, PhD
Prerequisites:	None
Registration:	https://tinyurl.com/NPD2018 or register by mail with the attached form
Refund Policy:	The BPD Training Institute cannot offer any refunds.

Target Audience

Physicians, psychologists, psychiatric nurses, social workers and other licensed mental health counselors.

Educational Objectives

By the end of the conference, participants will be able to:

1. understand the strategies, tactics, and techniques of effective psychodynamic psychotherapy for narcissistic personality disorders
2. identify specific features of narcissistic personality functioning for focus of psychotherapeutic intervention
3. understand how to manage treatment planning, structure, and suicidality in narcissistic personality disorder

Agenda

Day 1: Friday, March 23

8:00-9:00:	Registration
9:00-10:00:	Salman Akhtar: *Speech, Sex, and Solitude: Three less Explored Difficulties in NPD*
10:00-10:15:	Question & Answer with Salman Akhtar
10:15-10:30:	Coffee Break
10:30-11:15:	Elsa Ronningstam: *Future Directions on the treatment of NPD*
11:15-12:00:	Barry Stern: *Working with Shame with NPD Patients Using a Transference Focused Psychotherapy (TFP) Model*
12:00-12:20:	Morning Sessions Question and Answer
12:20-1:15:	Lunch Break
1:15-2:15	Eve Caligor: Clinical Presentation #1 *Assessment of Narcissistic Personality Disorder within the Framework of Object Relations Theory*
2:15-3:00:	Eric Plakun: *Managing suicide in NPD: The Emergence of Suicide as a Hopeful Sign in a Patient with NPD and a Negative Therapeutic Reaction*
3:00-3:15:	Coffee Break
3:15-4:00:	Afternoon Sessions Question and Answer with Commentary by Salman Akhtar
4:00-4:30:	Closing Remarks and Comments

Day 2: Saturday, March 24

9:00-10:00:	Glen Gabbard: *Narcissistic Personality Disorder: Tailoring the Treatment to the Patient*
10:00-10:15:	Question and Answer with Glen Gabbard
10:15-10:30:	Coffee Break
10:30-11:00:	Royce Lee: *Neuroscientific Perspectives on Narcissism*
11:00-11:30:	Igor Weinberg: *A General Psychiatric Management (GPM) Approach to NPD*
11:30-12:00:	Morning Sessions Question and Answer
12:00-1:00:	Lunch Break
1:00-1:45:	Lois Choi-Kain: *Implementation of Evidence Based Treatments for Borderline Personality in Cases of NPD: Overlaps and Limitations*
1:45-2:15:	Richard Hersh: *Treatment Contracting in TFP for NPD*
2:15-2:30:	Coffee Break
2:30-3:15:	Diana Diamond: Clinical Presentation #2 *The Model of TFP for NPD: A Case Illustration*
3:15-4:00	Brandon Unruh: Clinical Presentation #3 *Mentalization-Based Treatment for NPD: Theory, Technique, Clinical Vignettes*
4:00-4:30:	Closing Remarks and Comments

Faculty Information

- **Salman Akhtar, M.D.** Professor of Psychiatry and Human Behavior, Jefferson Medical College
- **Eve Caligor, M.D.** Clinical Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Senior Associate Director for Psychotherapy Training and Research Training and Supervising Analyst

- **Lois Choi-Kain, M.D., M.Ed.** Director, Adult Borderline Center and Training Institute, McLean Hospital; Program and Medical Director, McLean Gunderson; Assistant Professor, Harvard Medical School
- **Diana Diamond, Ph.D.** Professor, City College of New York; Adjunct Assistant Professor of Psychology in Psychiatry, Weill Medical Center of Cornell University
- **Richard Hersh, M.D.** Special Lecturer, Department of Psychiatry, Columbia University Medical Center
- **Glen Gabbard, M.D.** Clinical Professor of Psychiatry, Baylor College of Medicine Training and Supervising Analyst , Center for Psychoanalytic Studies
- **Royce Lee, M.D.** Associate Director, Clinical Neuroscience and Psychopharmacology Research Unit Associate Professor of Psychiatry, University of Chicago
- **Eric Plakun, M.D. DLFAPA, FACPsych** Associate Medical Director, Austen Riggs Center; Director of Biopsychosocial Advocacy , Austen Riggs Center
- **Elsa Ronningstam, Ph.D.** Associate Professor of Psychology, Harvard Medical School, Part-Time; Psychologist, Gunderson Outpatient Program, Adult Outpatient Services, McLean Hospital
- **Barry Stern, Ph.D.** Associate Clinical Professor of Medical Psychology, Columbia University College of Physicians and Surgeons; Associate Director, Externship Program in Clinical Psychology, Columbia University Center for Psychoanalytic Training and Research; Fellow, Personality Disorders Institute, Weill Medical College of Cornell University
- **Brandon Unruh, M.D.** Director, Mentalization-Based Treatment Clinic, McLean Hospital; Assistant Medical Director, Gunderson Residence, McLean Hospital; Instructor in Psychiatry, Harvard Medical School
- **Igor Weinberg, Ph.D.** Associate Psychologist, Adult Outpatient Service, Personality and Psychosocial Research Program; Assistant Professor of Psychology, Harvard Medical School

Continuing Education For

Physicians: McLean Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. McLean Hospital designated this live activity for a maximum of *12 AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting requirements will receive 12 CE credits.

Social Workers: Application for social work continuing education credits has been made. Please call 617-855-3195 for the current status of social work accreditation.

Licensed Mental Health Counselors: McLean Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ No. 6085. Programs that do not qualify for NBCC credit are clearly identified. McLean Hospital is solely responsible for all aspects of the programs. This offering meets the requirements for up to 12 NBCC hours.

Nurses: This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 12 contact hours of nursing continuing education credit. Advance practice nurses, please note: educational activities which meet the requirements of the ACCME (such as this activity) count toward 50% of the nursing requirement for ANCC accreditation.

Disclosure Policy

McLean Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is McLean Hospital's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers, and others) disclose all relevant financial relationships with commercial entities so that McLean Hospital may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Refund Policy

The BPD Training Institute cannot offer any refunds.

Registration

To register online, go to https://tinyurl.com/NPD2018 then follow the below instructions:

1. Create an account
2. Continue to registration forms, complete forms and pay by credit card or check.
3. You will receive a confirmation email. If you do not, email bpdtraininginstitute@partners.org.

To register by mail, please mail the below form and check to:

BPD Training Institute c/o Ellen Finch
Mailstop 312, McLean Hospital
115 Mill St. Belmont MA 02478

Make out check to: *McLean Hospital*
Memo line: *NPD Conference Tuition*
Amount: *$475.00*

*Input below information as you would like it to appear on your name tag and continuing education certificate

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Narcissistic Personality Disorder Conference Registration

March 23-24, 2018

Last: _____ First: _____ Middle Initial: _____

Degree: _____ Institution/Affiliation: _____

Email Address: _____ *(registration confirmation will be sent to this address)*

Phone Number: _____ - _____- _____

Mailing Address:

_____
_____
_____

____ Yes, I would like to receive continuing education credit for this course
____ No, I do not need or do not qualify for continuing education credits

____ Yes, I would like to receive email updates on future BPDTI course offerings
____ No, I would not like to receive updates