

“Transference-focused psychotherapy (TFP) is based on one of the foundations of psychoanalytic thinking, object relations theory, and has been developed with rigorous research methodology and empirical evaluation. Designed for the most difficult patients in the dynamic therapist’s caseload, those with borderline personality, this treatment offers not only relief of symptoms but also an approach to their underlying personality disorder. It promises to enhance their social and vocational functioning, their love lives, and their creativity. In this guide for clinicians, Yeomans, Clarkin, and Kernberg, who developed the treatment, describe the origins of TFP and walk the clinician through its stages. They discuss case selection, establishing and maintaining the frame, and development and analysis of the transference. They provide guidance in managing crises, suicidality, sexual enactments, and more, all richly illustrated with clinical examples. This book is a must for anyone who wants to understand or employ TFP or for anyone who works with borderline patients.”

Robert Michels, M.D., Walsh McDermott University Professor of Medicine and Psychiatry, Cornell University; Training and Supervising Analyst, Columbia University Center for Psychoanalytic Training and Research; former Joint Editor-in-Chief, *The International Journal of Psychoanalysis*

“In Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide, Yeomans, Clarkin, and Kernberg have given us a remarkable book that is both sophisticated and user-friendly. They explain theories of character, psychopathology, and treatment in simple terms, giving clinical examples that illustrate complex ideas. This book will be useful to those interested in the treatment of borderline personality disorder, and in the application of psychodynamic psychotherapy to the treatment of all patients. It will also be useful to both students and experienced clinicians alike.”

Elizabeth L. Auchincloss, M.D., Vice-chair, Education, Department of Psychiatry, Weill Cornell Medical Center

“Transference-focused psychotherapy is well established as an evidence-based, effective treatment for borderline personality disorder (BPD), but the work is anything but easy! This volume by Yeomans, Clarkin, and Kernberg is a remarkable roadmap for clinicians—truly a GPS for TFP that maps the treatment terrain with authenticity and expertise. Highly recommended for all therapists working with borderline patients.”

John M. Oldham, M.D. M.S., Senior Vice President and Chief of Staff, The Menninger Clinic; Barbara and Corbin Robertson Jr. Endowed Chair for Personality Disorders, and Professor and Executive Vice Chair, Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, Houston, Texas; Past President, American Psychiatric Association



Transference-Focused Psychotherapy for
Borderline Personality Disorder A CLINICAL GUIDE

Yeomans
Clarkin
Kernberg

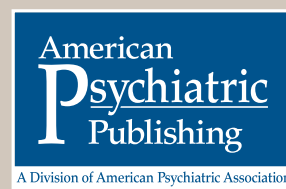


Transference-Focused
Psychotherapy for
**Borderline Personality Disorder
A CLINICAL GUIDE**

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