

**ADVANCES IN UNDERSTANDING AND TREATING ADOLESCENTS WITH BORDERLINE PERSONALITY DISORDER**

Saturday, May 17, 2014

8:00 – 8:30 A.M. Registration

Conference begins at 8:30 A.M.

\_\_\_\_\_  
Last Name                      First Name

\_\_\_\_\_  
Professional Degree

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City                                      State

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Zip

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E-mail

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Tel. #

\_\_\_\_\_  
Affiliation (if applicable)

\_\_\_\_\_ \$165 Prior to April 30<sup>th</sup>

\_\_\_\_\_ \$175 After April 30<sup>th</sup>

\_\_\_\_\_ \$75 Residents/Post Docs/ Students/

\_\_\_\_\_ Visiting Fellows

\_\_\_\_\_ **Total Enclosed**

**For more information call 914-997-5714**

**Make checks payable to:**

New York Presbyterian Hospital

**Mail with this form to:**

Janie Blumenthal, NYPH-WD, Banker Villa,  
21 Bloomingdale Rd, White Plains, NY 10605.

**A Conference:  
Advances in Understanding and Treating  
Adolescents with Borderline Personality Disorder**  
  
Saturday, May 17, 2014

**New York Presbyterian**  
The University Hospital of Columbia and Cornell  
Weill Medical College of Cornell University  
c/o The Personality Disorders Institute  
NYPH – Westchester Division  
Banker Villa – Attn: Janie Blumenthal  
21 Bloomingdale Road  
White Plains, NY 10605



Joan and Sanford I. Weill Medical College

**The Personality Disorders Institute**  
Announces a Conference

**ADVANCES IN UNDERSTANDING AND TREATING ADOLESCENTS WITH BORDERLINE PERSONALITY DISORDER**

**Saturday**  
**May 17, 2014**  
**8:30 a.m. – 6:00 p.m.**

A CME Program presented  
by Weill Medical College  
of Cornell University

**Location:**      Uris Auditorium  
Weill Medical College  
of Cornell University  
1300 York Ave.,  
NY, NY 10065

## STATEMENT OF NEED

Clinicians and researchers should be updated on the latest understanding of normal and abnormal development in assessing and treating Borderline Personality Disorder in Adolescents.

## TARGET AUDIENCES

This conference hosted by the Personality Disorders Institute of New York Presbyterian Hospital, Weill Cornell Medical College, Department of Psychiatry, brings together international experts to discuss advances in different treatment approaches for Adolescent BPD as well as models of A-BPD in terms of neurobiology, attachment, developmental psychopathology, and object relations.

## COURSE GOAL AND OBJECTIVES

At the conclusion of this program, participants should:

- Acquire important knowledge of the neurobiology of the adolescent brain.
- Recognize developmental and attachment contributions to psychopathology in adolescents.
- Acquire new skills in assessment with a semi-structured instrument that facilitates assessment of psychopathology in adolescents.
- Be able to apply integrated overview of the pathways to psychopathology in adolescents and indications for treatment.
- Be able to apply an object relations approach to BPD in adolescents from a theoretical and technical perspective.

## FACULTY DISCLOSURE

It is the policy of Weill Cornell Medical College to adhere to ACCME Criteria, Policies, and Standards for Commercial Support and content validation in order to ensure fair balance, independence, objectivity, and scientific rigor in all its sponsored activities. All speakers, Course Directors, Co-Course Directors, planners, reviewers, and staff members participating in sponsored activities are expected to disclose relevant financial relationships pertaining to their contribution to the activity. Relationship information is analyzed to determine whether conflicts of interest exist. All conflicts of interest are resolved prior to participation in the planning or implementation of this activity. Presenters and authors are also expected to disclose any discussion of (1) off-label or investigational uses of FDA approved commercial products or devices or (2) products or devices not yet approved in the United States. WCMC CME activities are intended to be evidence-based and free of commercial bias. If you have any concerns, please call the Office of Continuing Medical Education at 212-746-2631 to anonymously express them.

## ACCREDITATION

Weill Cornell Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Weill Cornell Medical College designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## CORNELL UNIVERSITY

Joan and Sanford I. Weill Medical College

Saturday, May 17, 2014

Course Director: Otto F. Kernberg, M.D.

Conference Coordinator: Jill C. Delaney, LCSW

## CONFERENCE PROGRAM

- 8:00 – 8:30 Registration and coffee  
8:30 – 8:45 Welcome – Jack D. Barchas, M.D.  
8:45 – 9:00 Opening Remarks – Otto F. Kernberg, M.D.

## UNDERSTANDING BPD IN ADOLESCENTS

- 9:00 – 9:45 *The Adolescent Brain and Risk for Psychopathology.* BJ Casey, Ph.D.  
9:45 – 10:30 *Developmental Psychopathology Model of Adolescent BPD: Integrating Research Findings.* Karin Ensink, Ph.D.  
10:30 – 10:45 Coffee Break  
10:45 – 11:30 *Attachment in Adolescence and BPD.* Miriam Steele, Ph.D.  
11:30 – 12:15 *The Social-Cognitive Basis of BPD: A Model of Hypermentalizing.* Carla Sharp, Ph.D.

LUNCH Please return by 1:15

## ASSESSMENT AND TREATMENT OF BPD IN ADOLESCENTS

- 1:15 – 2:00 *Understanding the Failure of Adolescents to Transition to Adulthood.* John T. Walkup, M.D.  
2:00 – 2:45 *Assessment of Personality Disorders during Adolescence through IPOP-A (Interview for Personality Organization Processes during Adolescence): theoretical and clinical implications.* Massimo Ammaniti, M.D. and Andrea Fontana, Ph.D.  
2:45 – 3:30 *Between Intrapsychic and Interpersonal – The Clinical Integrated Intervention with Adolescents with BPD.* Anna Maria Nicolò, M.D.  
3:30 – 4:15 *Adapting Transference Focused Psychotherapy (TFP) for Adolescents with BPD.* Lina Normandin, Ph.D.  
4:15 – 5:15 *Panel Discussion: Otto Kernberg, Chair, Massimo Ammaniti, Anna Nicolò, Lina Normandin, Carla Sharp.*  
5:15 – 5:30 Summary Discussion – Otto Kernberg, M.D.  
5:30 – 6:00 Q & A

Visit our website: [www.borderlinedisorders.com](http://www.borderlinedisorders.com)

## COURSE DIRECTOR

**Otto Kernberg, M.D.**

Professor of Psychiatry, Weill Medical College of Cornell University, Director, Personality Disorders Institute.

## FACULTY

**Massimo Ammaniti, M.D.**

Professor of Developmental Psychopathology Sapienza University of Rome.

**Jack D. Barchas, M.D.**

Chairman of the Department of Psychiatry, Weill Cornell Medical College

**BJ Casey, M.D.**

Professor for Developmental Psychobiology at Weill Cornell Medical, Departments of Psychiatry, Neurology and Neuroscience. Director, The Sackler Institute, Rockefeller University, Adjunct Professor.

**Karin Ensink, Ph.D.**

Associate Professor of Psychology in the Child and Adolescent Clinical Section and the Developmental Psychopathology Section at the École de Psychologie, Université Laval, Québec, Canada.

**Andrea Fontana, Ph.D.**

Adjunct Professor, University L.U.M.S.A. of Rome.

**Anna Maria Nicolò, M.D.**

Training Analyst, Italian Psychoanalytical Society, Chair of the Adolescent Forum, European Federation of Psychoanalysis.

**Lina Normandin, Ph.D.**

Full Professor of Psychology in the Child and Adolescent Clinical Section at the École de Psychologie, Université Laval, Québec, Canada.

**Carla Sharp, Ph.D.**

Associate Professor, University of Houston where she directs the Developmental Psychopathology Lab. Research Director for the Adolescent Treatment Program of the Menninger Clinic and holds an adjunct position in the Psychiatry Department of Baylor College of Medicine.

**Miriam Steele, Ph.D.**

Professor and Director of Clinical Training in Psychology at the New School for Social Research.

**John T. Walkup, M.D.**

Vice Chairman, Department of Psychiatry and Director, Division of Child and Adolescent Psychiatry of Weill Cornell Medical College and New York Presbyterian Hospital

This conference is sponsored by the Personality Disorders Institute (PDI) at Weill Medical College of Cornell University.

The PDI is comprised of psychiatrists, psychologists, and social workers who are trained in the assessment and treatment of personality disorders. This professional group also carries out psychotherapy research under the guidance of Otto Kernberg and John Clarkin, Co-Directors.